



Committee and Date Young People's Scrutiny Committee 23 March 2016
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Item 8.2 <u>Public</u>
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NAME OF REPORT

Family Nurse Partnership Update

Responsible Officer

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1. Summary

The Family Nurse Partnership (FNP) is a voluntary intensive health visiting programme for first time young mums, aged 19 years or under. A specially trained family nurse visits the young mum regularly, from the early stages of pregnancy until their child is two.

The FNP programme is underpinned by an internationally recognised robust evidence base, which shows it can improve health, social and educational outcomes in the short, medium and long term, while also providing positive economic returns

FNP came under the 0-5 transfer of commissioning responsibilities from NHS England to Local Authorities on 1st October 2015. FNP in Shropshire has been operational since October 2014 and has now reached capacity. This report shows some of the development that has taken place over the last twelve months as well as next steps informed by the recently published randomised control trial.

2. Recommendations

- a) That the report is noted.
- b) Regular updates on Family Nurse Partnership to be provided to the Young People's Scrutiny Committee.

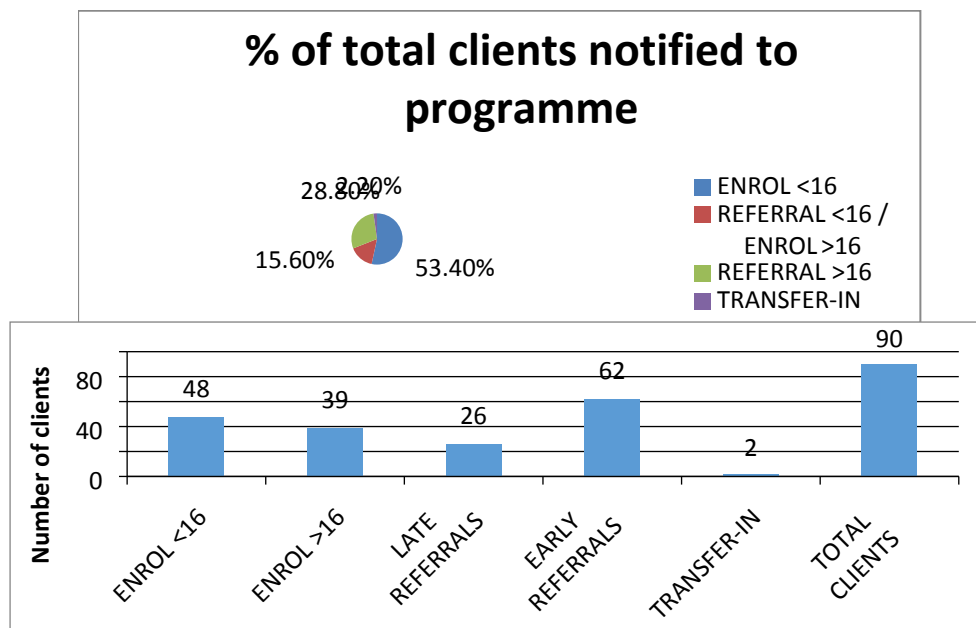
REPORT

The FNP service within Shropshire has only been running just over a year and the feedback from both friends and family survey and 'how is it going between us' with client/Nurse has indicated that families would recommend the programme to other friends or family members 100% of the time.

Feedback across the county highlighted 'trust and consistency' as two areas that were valued which is essential when addressing difficult issues. Clients felt areas that FNP have benefited them were:- Child development, relationships, better decision making, housing, benefits, career/education aspirations.

Isolation poses a big issue within Shropshire with 26% of clients reporting having some mental health problem with just under half, of these, 11%, having high or probably likelihood of anxiety reported by (HADS) Hospital, anxiety and depression score.

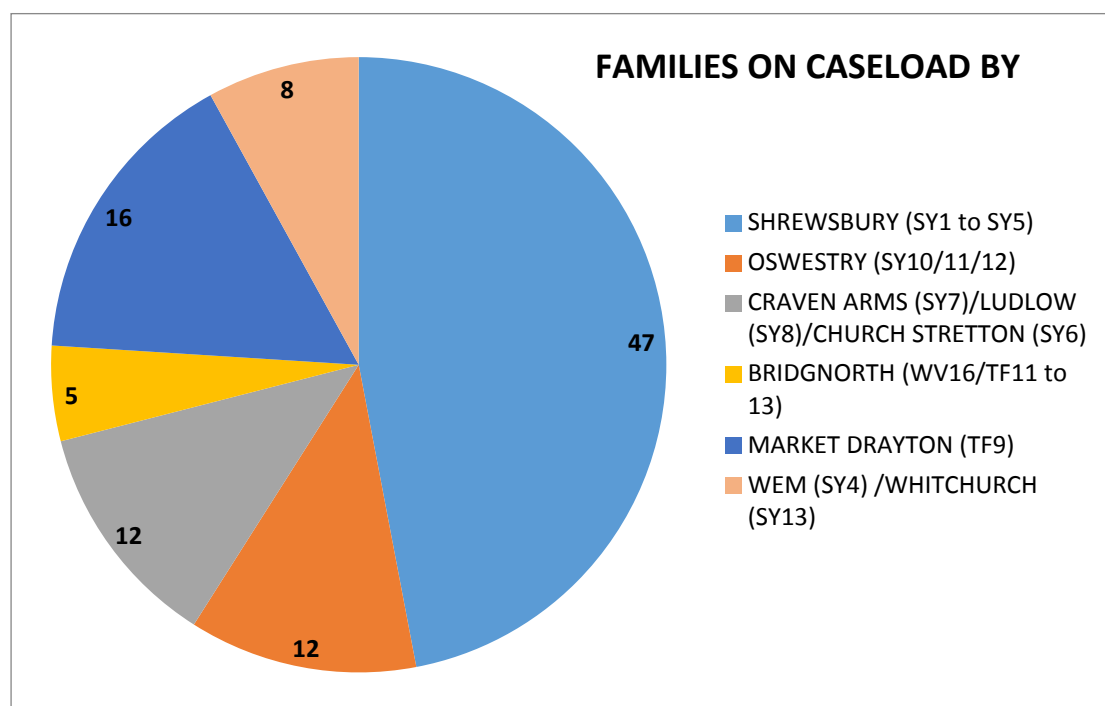
55% of clients have been enrolled by 16 weeks working to a fidelity target of 60% over the past year. The graph below shows referral status at time of notification to FNP. Continual analysis of families where enrolment over 16 weeks was made continues and is reflected within team meetings with any learning shared



FNP staff are working closely with the Health Visiting service to share any learning from FNP and will continue to develop this link over the coming year. Training around safeguarding and working with Student Health Visitors has already taken place. Close working relationships with Children's Centres in targeting pieces of work has been a strength in Shropshire, with young parent groups and baby massage groups ongoing in Shrewsbury and north of the county. FNP staff also feed into Advisory Boards in all areas.

Following results of the Controlled trial, published October 2015, we are waiting for direction from the National Unit in 2016, as FNP UK is established. Eligibility criteria from the National FNP unit will be changing slightly to target increased vulnerabilities. This will not affect FNP in Shropshire at the present time as there is no capacity to take any more clients but as clients graduate (from Feb 17) this will be a factor we will need to take into consideration. Pilot testing on some changes to the programme over the next 18 months will inform future programme fidelity, but no changes will be made without national regulation on whether changes are going to have effective impact on outcomes for FNP UK.

Achievements



It has been a busy year establishing the team with many achievements:-

- The Caseload has developed and is now near to full capacity (100 Clients, 67 Babies) – Discussions with Health Visiting services regarding impact on their services has already begun.
- Presentation at Celebrating Success event was received extremely well and marked the 1 year milestone
- There have been coffee mornings across Shropshire advertised through a quarterly newsletter to stakeholders which have generally been well attended by different agencies including: social care, CAFs and Shropshire Council. These will be continued during the coming year
- Telford and Shropshire have used joint training opportunities to share learning as appropriate
- Client leaflet has been produced and made available widely
- Promotion at the Annual Shropshire Community Trust event

- Parent Advisory groups are in their infancy with Client leaflet produced in the first instance. A step up to linking in with existing young people's groups across the county will be embedded over the next 4 months
- Named Nurses have been identified for: Safeguarding, breastfeeding, sexual health, PIPE and Mental Health; and continue to establish links with appropriate stakeholders
- A representative from FNP sits on Vulnerable Women's Group.
- Amber Bennett has just completed a sexual health and contraception course at Stafford University and over the next few months she will develop and share her learning with the team and wider health visiting teams.
- Jo Bettison sits on the vulnerable women's group and is due to undertake the Domestic Violence facilitator course in order to co-facilitate 2 cohorts of the Freedom programme in the north of the county in the coming year. With nearly a quarter of the caseload reporting that they have ever been abused by someone close to them it seems appropriate to use our skills in engagement and communication to support our most vulnerable clients to access support with Domestic abuse in partnership with the Local Authority.

3. Risk Assessment and Opportunities Appraisal

(NB this will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)

Equitable service is offered to all areas of Shropshire, with named nurses for each area to enable SMART working across Shropshire. Named nurses works effectively in managing a large geographic area and effective working relationships with stakeholders in rural areas.

An effective pathway needs to be in place when FNP reaches capacity to ensure appropriate support is provided for this client group using existing services. A multi-agency task and finish group has worked to develop a care pathway to ensure that this takes place (see appendix A).

An effective pathway needs to be in place for when clients graduate from FNP on the child's second birthday to ensure a seamless transfer to the health visiting service. A pathway is currently in development for this

4. Financial Implications

Not applicable

5. Background

6. Additional Information

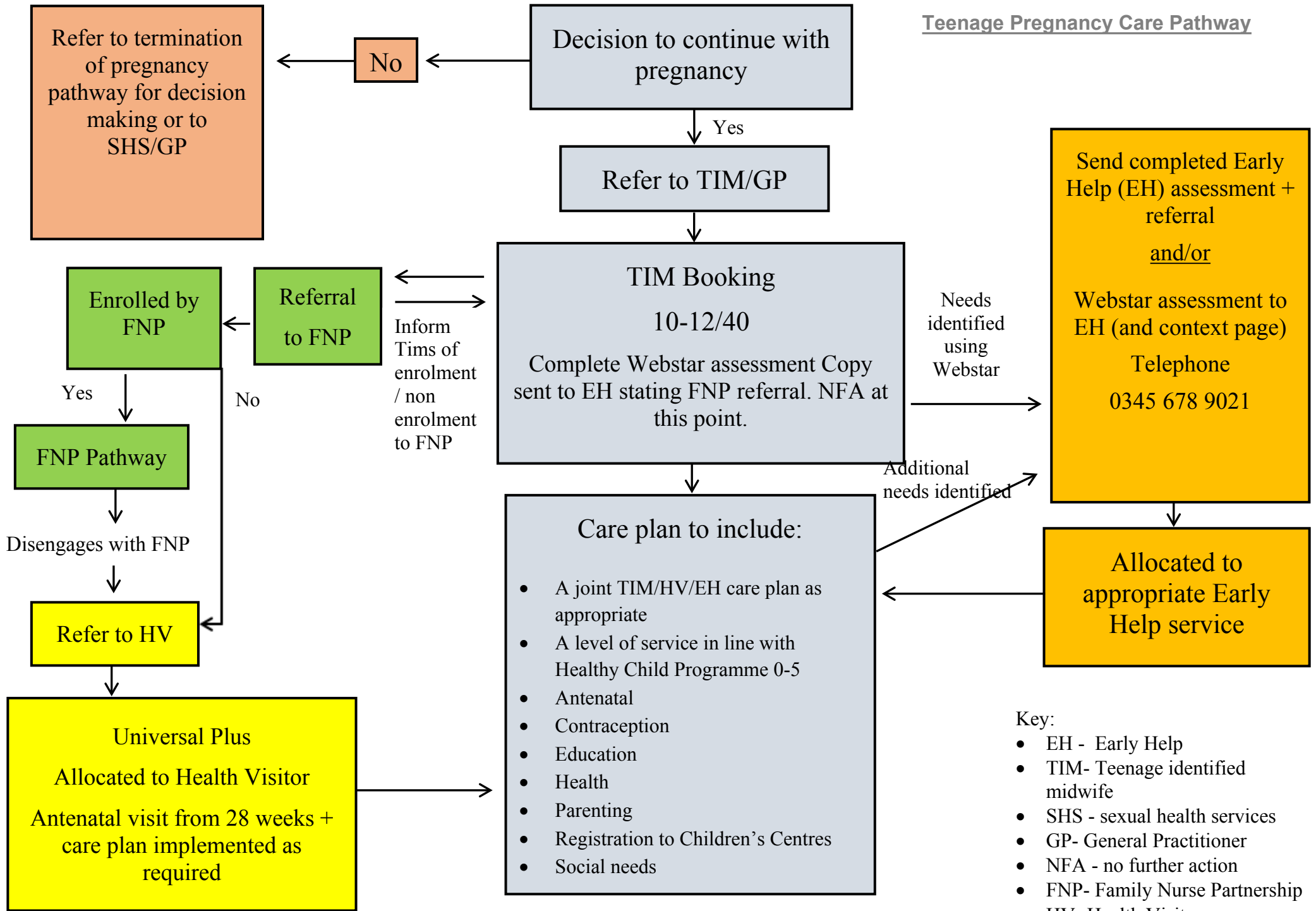
List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

Cabinet Member (Portfolio Holder)
Cllr Karen Calder, Health Portfolio Holder

Local Member

Appendices
1. Teenage Pregnancy Care Pathway

Teenage Pregnancy Care Pathway



Key:

- EH - Early Help
- TIM- Teenage identified midwife
- SHS - sexual health services
- GP- General Practitioner
- NFA - no further action
- FNP- Family Nurse Partnership
- HV- Health Visitor

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